



# Hillcrest Primary School

24 November 2010

Dear A.R. Parents

Ewan Cochran (Jeep Multisport) was invited to make a proposals for an Adventure Race programme to offer our pupils. At a meeting attended by Ms Chapman, Mrs Brauteseth and 4 committee members, he outlined the following proposals for coaching:

- Week Day: Friday
- Time: 13:15 – 15:30
- Venue: Giba Gorge, Shongweni Dam (limited usage because of entrance costs), local private venues, school.
- Cost: Dependant on number of pupils
- R400 per term, per pupil for 8 x 2½ hour sessions (minimum 30 pupils)
- R480 per term, per pupil for 8 x 2½ hour sessions (minimum 20 pupils)
- Coaching: Should enrolment reach 40, Ewan will hire a second coach. Sessions restricted to H.P.S. pupils. Prior to A.R. races, Ewan will focus on team A.R. coaching. Pupils will be coached in multi-sports. Paddling sessions at Shongweni will be limited due to entrance costs – 3 sessions.
- Parental input: Payment of coaching
- Transport to venue – we suggest re-imburement for moms who “taxi”
- Parental assistance at coaching welcome
- Team mom to manage her team
- Kit: Mountain bike, helmet, running shoes, hydration pack
- Enrolment of A.R.: Ewan has agreed to talk at Assembly January 2011, to grow the sport.
- Eston coaching: Graham Swanepoel has kindly offered to run coaching sessions, focusing on orienteering, on selected Sundays.

More information on Jeep Multisport is available on the school website. We request that parents make a decision whether or not they accept Ewan’s proposal prior to Friday. We would like to notify him before the end of term. This will enable Ewan to plan and draw up a term programme which he will submit to parents.

Please return the tear-off slip on Friday 26/11/10 at the A.R. pool party. Give slips in to Graham or Rob. Thank you for your ongoing support.

Regards

D Brauteseth

H.O.D.



# Hillcrest Primary School

ADVENTURE RACING PROPOSAL REPLY SLIP – **PLSE RETURN ON FRIDAY 26/11/10**

NAME OF PUPIL: \_\_\_\_\_ GRADE IN 2011: \_\_\_\_\_

We wish to accept Ewan Cochran's proposal, and agree to the term payment of R400 / R480 / term.

We do not accept the proposal.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_